



# **The Sunnywood Project**

**Casual Run or  
Hike Leader  
Coordinator**

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# What is The Sunnywood Project?

The Sunnywood Project is a non-profit education and outdoor events organiser.

We promote a love of the great outdoors through a variety of events, conservation and educational programmes stimulating a mentally and physically healthy lifestyle for those living within Greater Manchester and beyond.

Through each of our activities and bespoke programmes, we nurture individual confidence and resilience to equip participants with the transferable skills needed for success in life - we are committed to assisting individuals to realise their own potential.

The Sunnywood Project aims:

Each of our educational programmes, events and activities are carefully planned with the following aims in mind:

1. To promote compassion, kindness and a positive society
2. To encourage maintaining a physically and mentally healthy lifestyle
3. To support the development of social skills and self-regulation of emotions
4. To enable people to participate in society as mature, independent and responsible individuals
5. To inspire challenging, but achievable personal goals

As a non-profit organisation, the proceeds from all our events are used to help fund our education and community activities.





# Why do we need you?

The Sunnywood Project offer a range of successful and popular events and activities that include: the 50-mile West Pennine Way Endurance Weekend; The 22-mile Link Challenge, Zombie Hike and our regular Night Hikes plus various other weekly and seasonal challenges throughout the year.

We want to continue promoting the benefits of the great outdoors: the physical, mental and social wellbeing it can bring an individual - and we aim to do this with as many people as possible. We have big, exciting plans for 2022 and strive to be as inclusive as possible by catering for a wider range of abilities whilst ensuring the safety for all our participants. Ideally, we want to be in a position to offer safe and enjoyable outdoor events for all – no matter what the fitness level.

As a Run or Hike Leader Coordinator, you'll play an active role in the management and planning of running our Run / Hike events that help to inspire people in our community to keep active and explore our wonderful green spaces.

You will promote realistic challenge and provide the necessary encouragement, support and guidance to ensure participants can achieve their outdoor personal goals – whatever they might be.

You will ensure that events are friendly, welcoming and safe whilst managing a team of volunteers – all of whom play a vital role in supporting our participants - feel comfortable and involved.

The Sunnywood Project wouldn't exist without our fantastic volunteer Run and Hike Leaders.





# What will you be doing?

As a Run or Hike leader, you be responsible for the smooth running of an event; it is likely the role will consist of the following tasks:

- Planning, checking, and familiarising yourself with a route and contributing to Risk Assessment where necessary
- Assisting with seeking landowner permissions / licences for our larger events
- Liaise with other organisations and council officers where necessary
- Coordinating a team of volunteers to ensure the safe and smooth running of an event including assigning roles such as, 'back marker', 'middle marker' etc.
- Welcoming participants to the event and confidently respond to any queries
- Conduct a safety briefing with participants before the event to make sure everyone is prepared and is aware of what to expect from the activity.
- Ensure the accurate registration and 'checking in' is completed before setting out
- Quickly responding to any concerns whilst on an event and communicate effectively to ensure any issue is resolved
- Advocate the work of The Sunnywood Project and actively promote other Sunnywood Project activities that you feel participants may benefit from
- Taking photographs for use in promotion to and share on The Sunnywood Project social media accounts
- Attend occasional staff meetings and refresher training including First Aid and navigation
- In the event of a participant injuring themselves on an event, you would be expected to complete the necessary documentation
- Ensure that all participants are 'checked in' at the end of an event





# What we are looking for?

- A friendly, welcoming and confident manner with a good sense of humour
- A seasoned Runner / Hiker with a good level of fitness and ability to run / walk confidently on uneven terrain with plenty of ascent
- Be sensitive to the needs of others
- Ability to be decisive and assertive when faced with unexpected issues
- Competent at reading a map and navigating

## Other desirable traits

- Knowledgeable about the local green spaces, routes and the benefits of being outdoors
- Completed 'Lowland' or 'Hill and Moorland' Walk Leader training (or similar) or the 'Leadership in Running Fitness' training qualification.

## How to apply

*Please send an email to [info@thesunnywoodproject.co.uk](mailto:info@thesunnywoodproject.co.uk) outlining your suitability and experience for the position.*