



**The
Sunnywood
Project**

EXPLORE - LEARN - GROW

Role: Run / Hike Leader or Facilitator

Hours:	Variable. Shorter runs/Hikes occur weekly (Thurs/Sun); longer runs/hikes occur monthly (Sat)
Reports to:	Event Coordinator; Directors

Summary and Main Purpose of Role

The Sunnywood Project (TSP) is a non-profit outdoor education and events provider. TSP promotes a love of the great outdoors through a variety of events, conservation and educational programmes stimulating a mentally and physically healthy lifestyle for those living in Bury, Greater Manchester, and surrounding areas. We want to continue promoting the benefits of the great outdoors: the physical, mental, and social wellbeing it can bring an individual - and we aim do this with as many people as possible.

As a Run/Hike Leader or Facilitator, you'll will play an active role in the delivering our run/hike events which help to inspire people in our community to keep active and explore our wonderful green spaces.

You will promote realistic challenge and provide the necessary encouragement, support, and guidance to ensure participants can achieve their personal outdoor goals – Whatever they might be!

You will ensure that events are friendly, welcoming, and safe as part of our valued and respected team of volunteers – all of whom play a vital role in ensuring our participants feel comfortable and involved.

The Sunnywood Project wouldn't exist without our fantastic volunteer Run/Hike Leaders and Facilitators!

Send all queries to:

Info@thesunnywoodproject.co.uk

The Key Tasks and Responsibilities of the role are to:

ALL ROLES

KT 1	Ensuring event safety under the guidance of the Person in Charge (PiC)
KT 2	Enhance participant experience by helping to create an environment of acceptance and social belonging
KT 3	Providing supportive leadership, as appropriate for the event, your role, and the needs of the situation
KT 4	Model the ethos of TSP, promote the work of the organisation, and celebrate participant and community achievements as often as possible
KT 5	General support for the event/activity

RUN/HIKE LEADER

KT 5	Assisting the Person in Charge (PiC) as required in assessing continuing conditions and participant welfare
KT 6	Collaborating with the PiC in group management and the coordination of dynamic responses to changing conditions, route-finding, etc. whilst on events
KT 7	Deputising for the PiC where required (e.g. emergencies)

RUN/HIKE FACILITATOR

KT 9	Assisting the Person in Charge (PiC) as required in monitoring conditions and participant welfare and raising concerns
KT 10	Assisting with group management and the implementation of dynamic responses whilst on event

Other Considerations

Run/Hike Leaders or Facilitators will need to complete the TSP Induction process

Further training will be provided, including certified options where possible (e.g. LiRF, Walk Leader Training, etc.)

All volunteers will have access to TSP events and services, including training, in return for the contribution of their time

Run/Hike Leader or Facilitator: Skills and Knowledge

Essential	<ul style="list-style-type: none">An ability to communicate and socialise with adults and young peopleExperience of and a passion for the great outdoorsBe physically able to complete the intended event/activityBe navigationally competent for the intended route, including escape routes (Leaders only)
Desirable	<ul style="list-style-type: none">First-aid trainingAppropriate experience in the expected terrain and conditionsBe navigationally competent for the intended route, including escape routes (Facilitator only)Experience in managing a team of diverse abilities and backgroundIndustry-standard qualifications such as Leadership in Running Fitness (LiRF); Lowland, Hill and Moorland, or Mountain Leader qualifications
Additional Qualities	<ul style="list-style-type: none">Integrity, honesty, and a genuine interest in forming appropriate and supportive relationshipsA commitment to ensuring high standardsFlexibilitySelf-motivation